

# Landport Residents' Association

## Spring 2021 Newsletter



### News from the Landport Community Hub

The trustees at Landport Community Hub are keen to open the building again and looking forward to being able to welcome back all the groups that meet there.

During the lockdown nurseries have remained open, and Pippa's Group now has nearly 30 children attending and more hoping to start soon. If you would be interested in registering your child, please get in touch with Claire Connell (Nursery Manager) via [info@pippasgroup.org](mailto:info@pippasgroup.org) or 01273 483992.

In the closed part of the building, some socially distanced essential maintenance has taken place so that we are ready to go as soon as the government says we can. When you come back you should notice painting has made the hall brighter and fresher, and there are improvements in the dance studio area.

Once we can, we will be welcoming back all groups and would also like to hear from anyone wanting to hire the hall as soon as this is possible again.

Please get in touch with Wendy Baker via [wendy@thedanceacademylewes.com](mailto:wendy@thedanceacademylewes.com) or 07852 390748 if you are interested in using the hall or to register your child for dance classes. We already have our fingers crossed for a possible wedding reception booking!

As soon as life starts to get back to normal, we are planning more events for children at the Hub and would also like to be able to have open mornings or afternoons so everyone can see how great it is looking. Do tell us more about the sorts of events you would like to be part of or put on there.

**Ruth O'Keeffe,**

*Trustee Landport Community Hub*

### Landport Foodbank



Many of you will know that the Landport Residents Association has been running the food bank on the estate since 2012, and at the time of writing, we are supporting 52 households and 132 people. Our numbers have increased during the pandemic because of people being made redundant, furloughed, experiencing benefit delays or other issues which mean they are having difficulty managing. Whilst our numbers have increased, we are managing very well thanks to a dedicated team of volunteers, most of whom live on the estate.

If you wish to donate to the Foodbank, you can drop items off on Sunday and Monday from around 10am-3pm, but if you require a Sunday drop off, please email me on the address below for a time that is mutually convenient.

We are often short of breakfast cereals, tinned tomatoes and vegetables, meat, fish and fruit, cat and dog food and pasta sauces.

We also need clean empty egg boxes to re-use and are always happy to take local seasonal fresh fruit and vegetables at any time.

All our clients must be referred to us by a professional agency, so if you need help from the food bank due to financial difficulties, please email me – [debbietwitchen@gmail.com](mailto:debbietwitchen@gmail.com) so I can let you know who to approach for a referral.



**Debbie Twitchen**

## Children's Christmas report *by Wendy Baker*

I was thrilled to be able to organise and run an event at Christmas.

Usually there's the Easter egg hunt, roller discos, film afternoons and the BBQ on Eridge green, but in 2020 we were living through a pandemic and everything was cancelled, so Debbie and I put our heads together and agreed to put together a safe and fun community celebration.

On Sunday 20 December we hosted a virtual party via zoom, where we sang songs, played games and had lots of fun – there was even a guest appearance from Santa to wish all the children a Merry Christmas.

The Landport Residents Association made it all possible by funding 91 Christmas boxes which were delivered to children on the estate. Please keep an eye on the social media pages and look out for posters displayed on the estate with details of future events.



## Vaccine update

Vaccinations are on all of our minds and constantly on the news, but if you have any concerns, worries or you just need more information you

can get the most up to date and reliable updates on the East Sussex County Council website: [www.eastsussex.gov.uk](http://www.eastsussex.gov.uk)

## Litter pick

Before the pandemic, the Landport Residents Association were organising regular monthly litter picks on the last Sunday of the month. These were well supported by people living on and off the estate and we managed to collect a great deal of rubbish every month. Sadly, it has not been possible to continue with regular litter picks due to lockdown restrictions making it difficult to organise safely.



We would love to get back to these organised sessions as soon as possible as they were a good way for people to join a physical activity that benefitted the estate, and then enjoy a cuppa and a chance to chat. But for the time being, we are asking people to kindly take responsibility for clearing up the rubbish in their own road, or even just outside their front door. We can help by providing litter pickers to make it safer and easier for you, and hoops to go around a bin liner to make it easier to carry. Please contact me – [debbietwitchen@gmail.com](mailto:debbietwitchen@gmail.com) – if you need these.

citizens  
advice

## Citizens Advice

The Citizens Advice offices are closed due to Covid-19 restrictions, but they are still open for telephone and email enquiries. They provide free, confidential, and impartial advice to anyone living or working within the Lewes District area. They can help with:

- **Benefits** – help with all benefits including specialist advice on Universal Credit.
- **Debt** – specialist in-house money advisers to help with your debt.
- **Work** – help with furlough, redundancy, and unfair dismissal.
- **Consumer** – problems with your fuel bills, mobiles, and disputes.
- **Relationships** – divorce, relationship breakdown and powers of attorney
- **Housing** – homelessness, eviction, tenancy problems.
- *And much more...*

Call the admin number **01273 007557** and leave a message – you'll get a call you back within two working days - or call the Adviceline number – **0800 144 88 48**.

Email: [info@lewesCA.onmicrosoft.com](mailto:info@lewesCA.onmicrosoft.com)  
or check out the website for more information:  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

# To flush or not to flush...



In January, some residents on the estate stepped out of their front doors to find faeces, toilet paper, cotton wool pads and more swirling down the path in front of their houses.

For some this happens too often, particularly around Eridge Green where the sewer turns a corner. According to Southern Water this happens because residents are flushing the wrong things down the loo.

So, what is okay to flush? The answer is as little as possible! Stick to the basics: human waste and toilet paper only.

**Here is a list of things that are frequently flushed that should never be:**

- Facial tissues
- Sanitary napkins, tampons, condoms, or any non-organic material
- Baby wipes, disinfectant wipes, moist wipes, etc.
- Toilet bowl scrub pads
- Swiffer dusters
- Napkins (paper or cloth), paper towels
- Dental floss
- Sheet plastic, or plastic of any kind
- Nappies (cloth or disposable)

**Please think before you flush...**



If you have been seriously impacted by the Covid-19 pandemic, free counselling may be available to you. Sussex Community Counselling, part of Sussex Community Development Association have secured funding to offer free help to people whose lives have been affected by Covid-19 through bereavement, loss of job or income, heightened anxiety or recurrence of personal difficulties.

Anyone seriously affected by the pandemic is eligible for the support. An initial assessment is followed by six, weekly, free, 50-minute counselling sessions from one of our qualified counsellors which is delivered by phone or zoom.

If you who would like to access this free counselling, please call: 01273 519108 and speak to one of our staff (or leave a message as the phone is not attended 24/7). Alternatively, please email: [counselling@sussexcommunity.org.uk](mailto:counselling@sussexcommunity.org.uk) We will then arrange for a telephone assessment.

## A message from Sarah Cager

– Landport Estate Senior Caseworker

As you are aware, personal items must not be stored in the communal areas.

Neighbourhood First are currently out and about reminding tenants and leaseholders about this and removing any items which pose potential a risk.

Due to concerns from residents reporting they have nowhere to store bikes within their homes, we would like to hear your views on whether communal bike shelters, like the one pictured, might be a solution.



If you'd like to share your view on this idea, please email Sarah Cager c/o [tenant.involvement@lewes-eastbourne.gov.uk](mailto:tenant.involvement@lewes-eastbourne.gov.uk) with the heading 'bike shed consultation'.



# Report-It App

for fly tipping, litter, graffiti and dog fouling

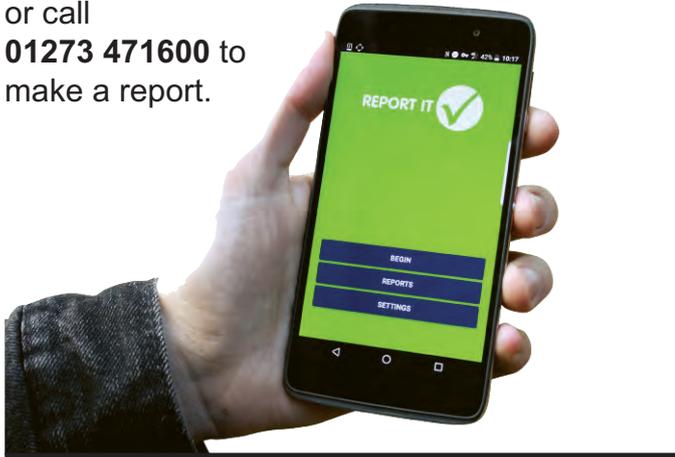
You can use the app to report issues with a location and photos.

Download the app via:

[www.lewes-eastbourne.gov.uk/streets-parking-and-travel/report-it](http://www.lewes-eastbourne.gov.uk/streets-parking-and-travel/report-it)

or call

**01273 471600** to make a report.



## Landport Youth Club

Landport Youth Club is hoping to be back as soon as possible but please keep an eye on our Instagram for further updates or email [hello@landportyouthclub.org](mailto:hello@landportyouthclub.org) to get in touch.

In the meanwhile, youth workers will be out in Malling Fields and Landport Rec on Wednesday evenings between 6pm and 8pm, so do come and say hello.



# Community Café

We might not be able to share a meal together in the same space right now, but Landport Community Café has adapted to provide meals with a safe delivery service to café regulars, as well as those who are unwell or isolating across Lewes. We are still open to all and you can 'pay as you feel' to support the project.

You can donate to the project by using the *Just Giving* link at:

[www.landportcommunitycafe.com](http://www.landportcommunitycafe.com)



## Dates for your diary



### Book Club

Takes place online on the 3rd Wednesday of every month from 7.15pm using 'Zoom' as a platform. Everyone is welcome to join this relaxed and informal group – for more details email: [debbietwitchen@gmail.com](mailto:debbietwitchen@gmail.com)

### Litter Pick

We hope to have a litter pick on Sunday 30 May, but this will depend on it being safe to do so. Nearer the time we'll post an update on the Landport Residents Association Facebook page.