

## **Viral Gastroenteritis**

There have been a number of cases of suspected Viral Gastroenteritis (Norovirus) occurring amongst guests over the last few days. The hotel is working closely with the council and is following infection control guidelines. The situation is being closely monitored by the local Public Health England Unit.

Viral Gastroenteritis is very infectious and can readily transmit from person to person. The virus can be spread like the common cold, through airborne particles, or via contact surfaces. It is therefore important that you follow good hygiene measures including hand washing. It is usually a short lived illness (24 – 48 hours), causing vomiting and/or diarrhoea, sometimes with a temperature and tummy pains.

If you do feel unwell during your stay please inform a member of staff. If necessary the management will be able to contact a local GP on your behalf. Please stay in your room as much as possible until 48 hours after your symptoms have passed and drink plenty of bottled water. You should avoid coach trips while you are feeling unwell to prevent the spread of infection to others.

For further information please visit our website at [www.lewes-eastbourne.gov.uk](http://www.lewes-eastbourne.gov.uk)