

Organisation	Services	Website	Contact details
East Sussex Domestic Abuse Service (Delivered by Advance)	The East Sussex Domestic Abuse Service delivered by Advance will deliver free, confidential, and non-judgmental support to anyone over the age of 16 who is experiencing domestic abuse across East Sussex, with ongoing advocacy available where it is needed to	https://www.advancecharity.org.uk/what-we-do/domestic-abuse-services/	To speak to a member of the team: Monday - Friday 9am - 5pm Email Address: EastSussexDA@advancecharity.org.uk Contact number: 0330 0559278
Refuge from Domestic Abuse	Clarion Housing Association provides safe refuge accommodation for women and children fleeing domestic violence across East Sussex.	https://www.myclarionhousing.com/help-and-guidance/personal-wellbeing/domestic-abuse-or-violence	referrals.eastsussex@clarionhg.com 0808 2000 247
Safe Space Sussex	Provides an online directory of local victim and witness specialist support services. It also has information about what happens at each stage of the criminal justice system	https://www.safespacesussex.org.uk	
Survivors Network	The Survivors Network provide the specialist rape and sexual violence abuse service for Sussex	https://survivorsnetwork.org.uk	01273 203 380
Lotus Families	Lotus Families provides domestic abuse recovery support for women and trans/non-binary people, and specialist help for parents and carers experiencing	https://lotus-families.org.uk	hello@lotus-families.org.uk 01273 612025

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	child-to-parent violence.		
Veritas Justice	Specialist stalking advocacy services for Sussex	https://veritas-justice.co.uk	01273 234 773
The Suzy Lamplugh Trust	The Suzy Lamplugh Trust is the UK's pioneering personal safety charity and leading stalking authority	https://www.suzylamplugh.org/forms/national-stalking-helpline-enquiry-form	0808 802 0300 (National Stalking Helpline)
The Alice Ruggles Trust	The Alice Ruggles Trust exists to raise awareness of stalking (including coercive control)	alicerugglestrust.org/contact	
The Hollie Gazzard Trust	The aim of the Hollie Gazzard Trust is to work to save lives by building individual and community resilience to domestic abuse.	holliegazzard.org/contact-us	07538 575229
Paladin: National Stalking Advocacy Service	Assisting high risk victims of stalking in England and Wales.	www.paladinservice.co.uk	0203 8664107
Hestia	Hestia provides domestic abuse support services in London and the southeast, including domestic abuse refuges and community-based support.	www.hestia.org	020 7378 3100 info@hestia.org.cjism.net

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Forced Marriage Unit	Information on how to protect, advise and support victims of forced marriage, including information and practice guidelines for professionals	www.gov.uk/guidance/forced-marriage	020 7008 0151
Galop [LGBTQ+]	Galop has decades of experience in supporting LGBTQ+ people who are victims of domestic abuse.	www.galop.org.uk	0300 999 5428
Loving Me	Support for Tran and Nin Binary victims of Domestic Abuse	www.lovingme.uk	07902478958 help@lovingme.uk
Switchboard Brighton [LGBTQ+]	Domestic Abuse service is for LGBTQ people affected by domestic abuse. Switchboard provides support to survivors through its Independent Domestic Violence Advisors (IDVAs)	www.switchboard.org.uk/what-we-do/domestic-abuse	01273 359042 helpline@switchboard.org.uk
Friends, Families and Travellers	Supporting individuals and families and addressing inequalities faced by Gypsy, Roma and Traveler people.	www.gypsy-traveller.org	01273 234 777 fft@gypsy-traveller.org
Hersana	Working with Black femmes affected by Domestic Abuse or at risk of experiencing gender-based violence across England and	www.hersana.org/about-us	0333 016 9610 https://www.hersana.org/contact-us

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	Wales		
Hourglass	Work with Older Victims of Abuse	wearehourglass.org	24/7 Helpline – 0808 8088141 Free Text – 07860052906
Karma Nirvana	Working to end Honour Based Abuse in the UK	www.karmanirvana.org.uk	0800 5999 247
Respect: Men's Advice Line	The Helpline for male victims of domestic abuse	www.mensadviceline.org.uk	0808 801 0327 info@mensadviceline.org.uk
Respect: Perpetrator Interventions	Interventions to support perpetrators in the early stages of abuse, and those using high harm behaviours.	www.respect.uk.net	
Men's Aid Charity	Help to provide practical advice and support to men who have been abused	www.mensaid.co.uk	0333 567 0556
Rape Crisis	Provides specialist information and support to all those affected by rape, sexual assault, sexual harassment and all other forms of sexual violence and abuse in England and Wales	www.rapecrisis.org.uk	0808 500 2222 rcewinfo@rapecrisis.org.uk

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Samaritans	Whatever you are going through, a Samaritan will face it with you. Available 24 hours a day, 365 days a year	www.samaritans.org	116123 jo@samaritans.org
Shelter	Advice and support services offer one-to-one, personalised help with housing issues and homelessness	www.shelter.org.uk	0808 800 4444
Crime Stoppers	Give crime information anonymously	crimestoppers-uk.org	0800 555 111
Sign Health	Who provide support for victim/survivors who are deaf or have hearing impairment	signhealth.org.uk/with-deaf-people/domestic-abuse	Text 078600 33214 info@signhealth.org.uk 020 3947 2600
Mankind Initiative	Helping men escape domestic abuse. Provides a confidential helpline and directory of local services for male victims.	mankind.org.uk	01823 334 244
SafeLives	UK-wide charity dedicated to ending domestic abuse for everyone. Provides training, research, and survivor-led support.	safelives.org.uk	0117 403 3220 info@safelives.org.uk

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Hourglass	Dedicated to ending harm, abuse and exploitation of older people in the UK. Offers support and advocacy.	www.wearehourglass.org	0808 808 8141 helpline@wearehourglass.org
Refuge	Supports women and children experiencing domestic abuse, including disabled women and culturally adapted services.	refuge.org.uk	0808 2000 247
Arc England	The Us Too project supports women with learning disabilities, autism or both who have experienced domestic abuse.	arcengland.org.uk/project-resources/the-us-too-project	01246 555043 contact.us@arcuk.org.uk
Childline	Provides support and advice for children and young people experiencing domestic abuse.	www.childline.org.uk	0800 1111
Traveller Movement	Provides support and a helpline for Romani (Gypsy), Roma and Irish Traveller women experiencing domestic abuse.	travellermovement.org.uk/domestic-abuse-and-sexual-violence	020 7607 2002 info@travellermovement.org.uk
Muslim Women's Network UK	Operates a national helpline offering confidential support and advice on domestic abuse and	www.mwnuk.co.uk	0121 236 9000

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	other issues.		contact@mwnuk.co.uk
Jewish Women's Aid	Provides specialist support services for Jewish women and children affected by domestic abuse.	www.jwa.org.uk	0808 2000 247 info@jwa.org.uk
Chinese Information and Advice Centre	Offers support and advice for Chinese women experiencing domestic abuse.	www.forher.org.uk/violence-abuse/chinese-information-and-advice-centre	0300 201 1868 nfo@ciac.co.uk
Respeito	Provides domestic abuse support for Portuguese-speaking communities in the UK.	www.respeito.org.uk/directory	0300 365 2800 info@respeito.org.uk
KMEWO	Supports Kurdish and Middle Eastern women experiencing domestic abuse in the UK.	www.kmewo.com	020 7263 1027 referrals@kmewo.com
Roj Women's Association	Supports minority ethnic girls and women from Kurdish regions who have fled war and persecution.	rojwomen.org.uk	07935855300 info@rojwomen.org.uk

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IKWRO	Supports Middle Eastern and Afghan women and girls facing forced marriage, honour-based violence, and domestic abuse.	www.lighthousevictimcare.org/organisation/iranian-and-kurdish-womens-rights-organisation-ikwro	020 7920 6460 nfo@ikwro.org.uk
Soudan Plus	Provides support for Japanese-speaking women experiencing domestic abuse.	soudanplus.jp	0210 279 889
Aanchal Women's Aid	Offers multilingual helpline and support for women from South Asian communities experiencing domestic abuse.	aanchal.org.uk/services/helpline	0800 012 4924
Pakistani Resource Centre	Provides domestic abuse support for Pakistani women in the UK.	pakistani-resource.org.uk/domestic-violence	0161 445 0633 info@pakistani-resource.org.uk
Eastern European Resource Centre	Supports vulnerable Central and Eastern Europeans in the UK experiencing domestic abuse.	eerc.org.uk/domestic-violence	07521 857415 info@eerc.org.uk

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Opoka	Specialist confidential service for Polish women and children experiencing domestic abuse.	opoka.org.uk	0117 427 0012 info@opoka.org.uk
Vesta SFS	Provides domestic abuse support for Polish victims in the UK.	www.vestasfs.org/domesticabusesupportforpolishvictims	07545075093 info@vestasfs.org
Sikh Women's Aid	Supports Sikh women and children fleeing domestic abuse and forced marriage.	www.sikhwomensaid.org.uk	0333 090 1220 info@sikhwomensaid.org.uk